



## RULES FOR ATHLETES

1. Temperature must be taken at the entrance of the building. Please wait at the gym door until a volunteer assists you.
2. Please remember social distance. **You must bring a mask with you daily.** You will be instructed when to put it on daily.
3. Please use hand sanitizer stations frequently.
4. You are expected to speak and behave respectfully toward your peers, volunteers and coaches. Insubordination will not be tolerated.
5. Follow all instructions and directions that are given by your coaches. If you have a question or need help, politely let your coach know.
6. **You must** notify a coach/volunteer prior to leaving the classroom/gym for the restrooms.
7. After lunch/snack, you are responsible for throwing away your trash and cleaning your immediate area.
8. After you complete your homework, change into your gym clothes.
9. No bad language or name-calling is allowed. If an issue arises, please notify your coach **IMMEDIATELY.**